

November 9, 2004

To Whom It May Concern:

I am a 66 year-old woman who **at the age of 60 was diagnosed with osteopenia**. I was a smoker and coffee drinker and lived a very sedentary life. **At the age of 63**, I had a repeat bone density scan with **no further bone loss**. In the three intervening years I had purchased and begun to sell magnetic sleep pads and routinely took calcium, magnesium and Vitamin D. supplements. I still smoked and was sedentary. I believe the magnetic sleep pad (5 gauss) stopped my bone loss.

Now at age 66 I had a follow-up bone density scan completed in October/04, which showed **an increase in my bone density**. The only thing I had changed in the intervening three years was that I purchased and used the **Regency II** ionizing/alkalizing water filter.

I attribute **the increase in my bone density** to the water from the **Regency II** as it was helping to further alkalize my body so that my body did not need to take calcium from my bones to neutralize the pH. **This has greatly excited me**, as I was unaware of any obvious benefits from the **Regency II** water when I first started to use it, knowing only that drinking alkaline water was of benefit to me even though I was in reasonably good health.

I am looking forward to my next bone density scan as I now walk for an hour a day, eat better and have stopped smoking.

In addition, my 87-year old mother, diagnosed with osteoporosis, has added bone density with one year's use of water from the Regency II.

I have hope that this information will be of benefit to interested persons.

Sincerely,

K. Miller, RN

Update 2005:

Kallies mom has now past away but had an improved quality of life for the last year.